

ASPIRIN IN PREGNANCY

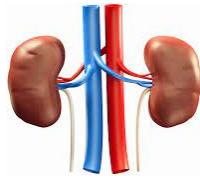
Preeclampsia is a common pregnancy related condition that can be dangerous to the mother's and baby's wellbeing. You may be at risk of preeclampsia if you have any of the following risk factors :



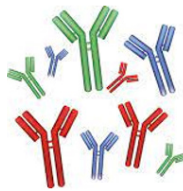
High blood pressure



Diabetes



Kidney Disease



Autoimmune disorder



Previous preeclampsia



High risk on first trimester screening

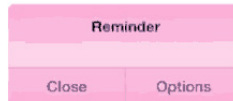
However, your risk of preeclampsia can be reduced by 60-70% with the optimal use of aspirin

Start aspirin **before 16 weeks** of pregnancy



Take **150mg** daily (Either ½ of 300mg or 1 & ½ of non-coated 100mg aspirin)

Take aspirin everyday at **bedtime** until your doctor advises you to stop aspirin



Don't forget to take aspirin as it doesn't work if you miss even 10% of doses. **Use a reminder** to help you

Treatment with aspirin should not replace your antenatal care with your health care provider. Please discuss any concerns you may have with your health care provider.